How to use SuperSearch
Where is SuperSearch?

SuperSearch is a discovery tool that allows you to search multiple library catalogues and databases simultaneously.

Find SuperSearch on the library website: www.brocku.ca/library
Getting started

Enter key words about your topic into the SuperSearch box.
Search Tip #1. Use keywords from your topic

Choose the most relevant concepts from your topic as your keywords.

Avoid full sentences and questions.
Search Tip #2. Spell keywords correctly

SuperSearch

Ancient Chinese Philosophy

SuperSearch

Ancient Chinee Philiosphy
Search Tip #3. Use synonyms or related words

Use synonyms or related words to find more articles

<table>
<thead>
<tr>
<th>Keywords</th>
<th>SuperSearch Finds...</th>
</tr>
</thead>
<tbody>
<tr>
<td>kids candy violence</td>
<td>8 results</td>
</tr>
<tr>
<td>children candy violence</td>
<td>41 results</td>
</tr>
<tr>
<td>children sugar violence</td>
<td>146 results</td>
</tr>
<tr>
<td>children sugar violent</td>
<td>77 results</td>
</tr>
</tbody>
</table>
Narrowing your results
What can you do if you get too many results?

Search Results: 1 - 50 of 232,444

Egad!
Tip #1: Revise your search

- Add or change your keywords and search again
Tip #2: Use limits to focus your results

Limit to Scholarly (Peer Reviewed) articles

Limit by publication date
Reviewing your results
SuperSearch shows a list of items that match your search.

To see if an article is relevant, click for more information.

1. Are 'leaky gut' and behavior associated with gluten and dairy containing diet in children with autism spectrum disorders?
   -Navarro, Fernando; Pearson, Deborah A. Fatheree, Nicole; Mansour, Rosleen; Hashmi, S. Shahrukh; Rhoads, J. Marc; Nutritional Neuroscience May 2015, Vol. 18 Issue 4, p177, Database: SPORTDiscus
   -Show all 9 images
   -PDF Full Text

2. Gluten-free and casein-free diets in the treatment of autism.
   -PDF Full Text (2.1MB)
**Gluten-free and casein-free diets in the treatment of autism.**

**Authors:**
- Reissmann, Andreas
- Hauser, Joachim
- Maksiksa-Gerbruda, Ewelina
- Tomsa, Loredana
- Lange, Klaus W.

**Source:**

**Abstract:**
Background: Autism is a complex psychiatric disorder characterized by three core symptoms, i.e. impairments in social interaction, restricted patterns of behavior and impairments in communication. In the framework of the “opioid excess theory”, the disorder symptoms are compared to the behavioral effects of opiates. Based on this, a possible nutritional basis of autism has been proposed, hypothesizing that certain food proteins such as gluten and casein can be transformed to opioid peptides during digestion. These peptides might eventually be able to enter the bloodstream and act upon the central nervous system. As a consequence, a diet low in such proteins has been hypothesized to ameliorate the behavioral symptoms of autistic children. Objective: The scope of this review was to analyze the effects of gluten-free and casein-free (GFCF) diets on children with autism, as well as to provide information concerning additional aspects related to the GFCF diet in autism. Methods: A literature search was conducted including scientific publications up until December 2013. Search results were screened for any kind of GFCF dietary intervention as well as surveys dealing with GFCF as a treatment for autism. Results: A review of survey data shows that up to 25% of parents of affected children report current use of a GFCF diet. The majority of identified studies evaluating GFCF diet outcomes failed to meet basic methodological standards of interventional science. Comparison of study results did not show any clear cut results with a substantial proportion of studies failing to show any clear differences in outcome
Check your learning

Do you understand the important ideas?
Question 1